

# RESOURCES

If you want to be a better runner, you get a running coach. If you want to be a better speaker, you get a speech coach. Why not look for some life coaching, if you're serious about taking your whole life up a notch?

Find a mentor.

A mentor is someone with whom you can connect because you have things in common, like common goals, common struggles, or even common talents and gifts.

Find such a person, who is respectable and dependable, who could be a role model for you, as you pursue your goals.

Your mentor might be your Youth Pastor, Men of Honor Leader, or another adult at your church. He could be a coach or teacher you see everyday, a neighbor, or even an uncle or friend of the family. Your mentor might even be your dad or grandfather.

Ask your mentor for help setting goals, and to point you in the right direction to research different things you want to learn.

Then, ask him to keep you accountable for setting and keeping your goals. As you grow, and grow up, you will find many other such people that God will put into your life, to coach and advise you, to disciple you, even.

Your whole life should be a learning experience. Every day is a chance to grow stronger and closer to God, and, in turn, help someone else grow and learn, too.

My Mentors:

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Things my mentors say are unique about me--what do they see in me?

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Things my mentors say I should work on:

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Books my mentors say I should read:

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People my mentors say I should research and study:

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# DISCIPLINE

DO ALL YOU CAN EVERY DAY TO BECOME SPIRITUALLY, PHYSICALLY AND MENTALLY FIT. BE ACCOUNTABLE TO YOURSELF AND OTHERS. MAKE SURE YOU ARE GROWING, AND FORMING STRONG HABITS TO GROW STRONGER. ABOVE ALL THINGS, BE A MAN OF INTEGRITY, A MAN OF PERSEVERANCE, A MAN WHO IS MAN ENOUGH TO BE HONEST WITH HIMSELF, AND TO BE HONEST WITH OTHERS, EVEN WHEN IT IS THE HARDEST THING TO DO.



THE TRUE SOLDIERS OF  
CHRIST MUST ALWAYS BE

**PREPARED**

TO DO BATTLE FOR THE

— TRUTH —

THE MEN OF HONOR

# CORE VALUES

SET YOUR COMPASS FOR TRUE NORTH BY KNOWING AND FOLLOWING GOD'S WORD. STUDY THE WORD AND WALK THE TALK EVERY DAY, NO MATTER WHAT KIND OF PRESSURE OR TEMPTATION YOU FACE. DO THE RIGHT THING, BECAUSE IT IS THE RIGHT THING TO DO, NO MATTER WHO IS WATCHING, NO MATTER THE COST. RIGHT IS RIGHT AND WRONG IS WRONG.

# FAITHFULNESS

BE FAITHFUL TO GOD, AS HE HAS BEEN FAITHFUL TO YOU. BE FAITHFUL TO YOUR COMMITMENTS, AND COMMITTED TO YOUR FAITH. BE THE PERSON EVERYONE CAN COUNT ON, LIKE THE SOLID ROCK OF CHRIST ON WHICH YOU ARE BUILDING YOUR LIFE. AND IF THERE IS NO MAN, BE THE MAN!



# FINALLY, CHAMPION, REMEMBER THIS:

EVERYTHING YOU GIVE UP TO FIND YOUR PURPOSE AND GET CLOSER TO GOD.....

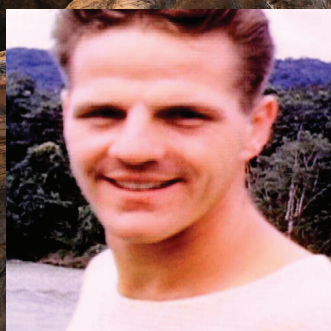
## REAL MEN. REAL COURAGE. REAL HONOR.



*"My advice to all of us is that we've got to keep coming back to the basics—the altar, the Bible, our daily devotions, Jesus. We've got to keep checking to make sure we're not drifting with the culture."*

**-PASTOR CHOCO**

Pastor William DeJesus, known as "Pastor Choco," was named one of Time Magazine's 100 most influential people. He is a pastor and a warrior, serving as vice president of social justice for the National Hispanic Christian Leadership Conference, fighting for the homeless, and reaching out to one of the most dangerous mission fields of modern times -- the gang world. He knows that, to stay true to his mission, and to God, he must stick to his core values.



*"He is no fool who gives up something he cannot keep, to gain what he cannot lose."*

**- JIM ELLIOT**

Jim Elliot was an evangelical Christian who was killed at the age of 28. He was one of five missionaries killed by local tribal warriors while participating in Operation Auca, an attempt to evangelize people living in the jungles of Ecuador in the 1950's.

Jim gave up every personal comfort and all the free time and fun he might have had. It took every bit of self discipline he had to pursue God in a way that allowed him to show people who Jesus was--to be a reflection of Him--all day, every day, even when they wanted to kill him.



*"The ultimate measure of a man is not where in stands in moments of comfort and convenience, but where he stands at times of challenge and controversy."*

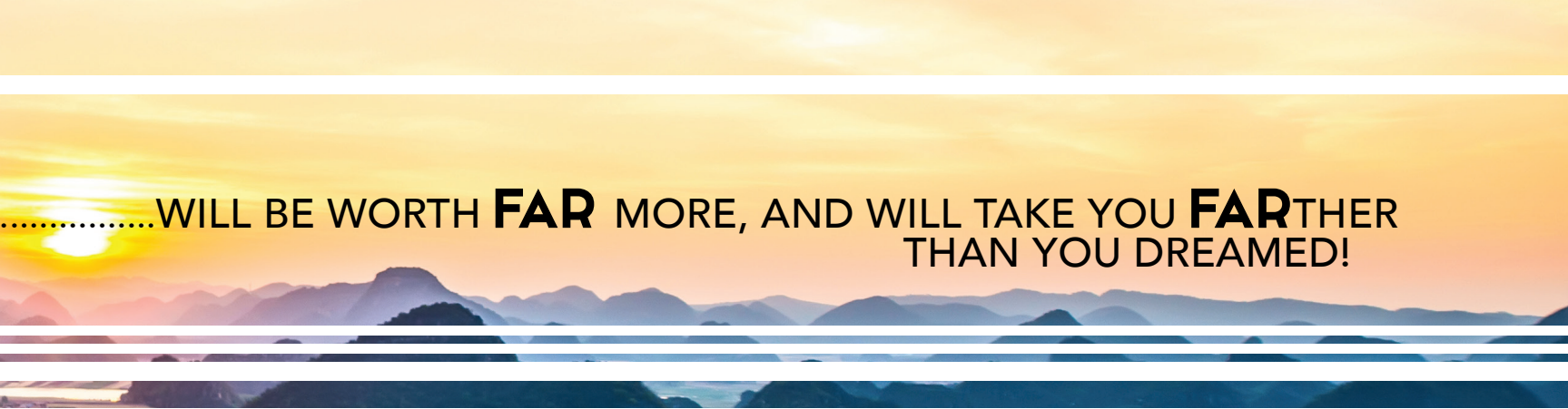
**--MARTIN LUTHER KING, JR.**

Martin Luther King was a legendary civil rights activist, while maintaining his core values as a true man of God. Rev. King's ultimate message was about love, justice and pushing through all obstacles to fulfill your purpose.

In spite over every temptation to reflect the hate and anger he was faced with, Rev. King upheld his beliefs and pursed his purpose with all his heart, never letting up, never giving up.

In everything, he was faithful to the tasks he undertook, and faithful to God in every way.

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**CORE VALUES. DISCIPLINE. FAITHFULNESS.**



.....WILL BE WORTH **FAR** MORE, AND WILL TAKE YOU **FAR** THER  
THAN YOU DREAMED!

# Journal of

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# RESOURCES

As we aspire to instill a spirit of excellence in every young man, we want to equip you beyond just the basics when it comes to important things like how you present yourself. We have already covered "How to Dress," but, here, we will relate some more specifics, to take you to the next level of excellence.

The following article was contributed by a young man of excellence, who was Valedictorian of his class and always regarded as a man of honor among his peers and teachers.

He has always pursued being a godly young man, but since he was 15, he has studied etiquette and appropriate attire. On his own, he researched and learned how to be a real gentleman, even though he is from a modest middle class family.

He is now 23 and in graduate school, on the fast track for a career as a professor at the university where he is employed as a department manager while also writing for the university's newletter.

Supervising a number of student workers, he has addressed many of these issues, wishing someone had taught the young men who work for him how important a man's appearance really is to his success.

Anyone who knows him will credit his success to his constant pursuit of excellence, from the inside out. A Man of Honor should be constantly engaged in the same pursuits.

## General Guidelines for Gentlemanly Conduct and Dress *by John Edwards*

Although you may wear different levels of dress for each occasion, certain rules always apply.

- o PULL YOUR PANTS UP ABOVE YOUR HIPS. I DON'T WANT TO SEE YOUR UNDERWEAR, AND NEITHER DOES ANYONE ELSE.

- o "Keep your nails clean and short, and your hands and teeth clean; yet show no great concern for them." – George Washington's 15th law of civility

- o Keep your hair and facial hair well-groomed. (If you are having to constantly pull your hair out of your eyes or off of your ears, it is

## A GOOD HANDSHAKE MAKES THE RIGHT FIRST IMPRESSION.

STEP FORWARD, WITHIN REACH, AND EXTEND YOUR RIGHT HAND AS YOU INTRODUCE YOURSELF, OR WHEN BEING INTRODUCED. SMILE AND LOOK THE PERSON IN THE EYE. GIVE HIS HAND A FIRM, SOLID, HANDSHAKE, THEN RELEASE AND STEP BACK TO THE APPROPRIATE DISTANCE FOR CONVERSATION.



## IF YOU WANT TO BE TAKEN SERIOUSLY, THEN YOU NEED TO LOOK AND ACT LIKE YOU SHOULD BE TAKEN SERIOUSLY.

too long.)

- o Never wear a hat or sunglasses indoors. (Yes, you too, cowboy.)

- o Don't wear excessive jewelry, most etiquette states that men should not wear more than one ring in addition to a wedding ring. Lots of necklaces and bracelets are for ladies.

- o Note: The military only allows wedding rings, tie clips, dog tags, and watches.

- o "Never leave your chamber half-dressed." George Washington's 7th law of civility. In other words, you should not be any less dressed in the living room as you would be if you left the house. However, you can take your shoes off when lounging.

- o Keep your clothes pressed and clean. Do not wear clothes that are dirty, smelly, or wrinkled.

- o If a belt is worn, it should match your pants and shoes

- o A black belt can be worn with any color pants.

- o A brown belt can be worn with any color except black pants.

- o There are some trendy colors that can be worn, such as navy, but do not wear a belt that draws attention to yourself or performs any function other than holding up your pants.

- o Suspenders (button to the pants) or risers (clip on the pants) can be worn instead of a belt, but should only be worn with a coat or vest to cover them. Suspenders are considered underwear and should not be seen.

- o Always carry a handkerchief to be ready to wipe your brow of sweat, clean up a mess, or offer it to a weeping lady.

- o Do not blow your nose in public.

- o If offering to a lady, only do so if it is clean. Let her keep it.

### ABOUT WATCHES

Watches are good if they match the outfit. They send a message about the type of person you are and can be a good conversation piece.

- o Wear only one watch.

- o Wear the watch on the wrist of your off hand. The face should be on the same side as the back of your hand.

- o Don't wear a casual watch with a formal outfit

- o Don't wear a broken watch. If someone asks you for the time, you might find yourself embarrassed to say that your watch does not work.
- o Don't wear a watch that appears tattered or worn.

- o Disable the hourly chime on your

(continued on next page)

### WHAT IS AN APPROPRIATE DISTANCE?

**STANDING TOO CLOSELY TO SOMEONE, UNLESS YOU KNOW EACH OTHER VERY WELL, CAN BE CONSIDERED AGGRESSIVE, BUT STANDING TOO FAR AWAY CAN SEEM TO BE SHY, LACKING CONFIDENCE, OR BEING STUCK-UP -- HAVING TOO MUCH CONFIDENCE.**

**FOR A NORMAL CONVERSATION, IN A SOCIAL OR BUSINESS SETTING, ARMS LENGTH -- OR ABOUT A YARD/METER-- IS CONSIDERED ACCEPTABLE. IT MAY BE CLOSER, IN CROWDED PLACES, WHERE IT IS HARD TO HEAR EACH OTHER.**

**WHEN SPEAKING WITH A WOMAN, IT IS ESPECIALLY IMPORTANT TO AWARE OF DISTANCES. IT IS CONSIDERED OFFENSIVE TO STAND TOO CLOSE, TO GAZE BELOW EYE LEVEL, OR TO MAKE PHYSICAL CONTACT BEYOND A HANDSHAKE WITH A WOMAN YOU HAVE JUST MET.**



# RESOURCES

watch if it is digital, so as to respect others

- o Traditional etiquette suggests not to wear a wristwatch if "time-keeping is not an issue." This rule would apply at nearly every evening event. A pocket watch is still acceptable in this situation.

- o If your watch has a non-metal strap, it should match the material of your shoes and belt. If your watch has a metal strap, it should be the same color as the metal on the belt.

## SHOES

We all wear shoes, but not everyone wears them in a way that demonstrates self-respect and glory to God.

- o Running shoes are just that: for running. They are suitable for exercise only.

- o Keep your shoes tied, shined (if leather) and clean.

- o If your shoes are damaged (sole coming out, broken material) get them repaired or discard them.

- o Your shoes should match your belt in color and material.

- o Socks should be worn with every kind of shoe (unless you are wearing sandals) and should be clean.

## FUNERALS/VISITATIONS/WAKES & COURTROOMS

No one likes funerals, but death is a part of life. Ensure your actions and your clothing respects the family of the deceased. Attire for a courtroom is the same, and should show respect to the judge and show that you appreciate the seriousness of the setting.

- o Business Attire (see below)

- o Carry yourself with respect. Be reserved and do not laugh loudly while visiting.

- o Do not wear red, pink, yellow, or orange. These are bold colors and they do not belong at a funeral.

- o Wear a well-pressed white or ivory shirt

- o Wear dark colors, but do not wear black unless the event is at night or if you are in the immediate family of the deceased.

- o Wear clothes with as little pattern as possible.

- o Wear no jewelry or accessories, except a wedding ring if you are married, or maybe a conservative watch

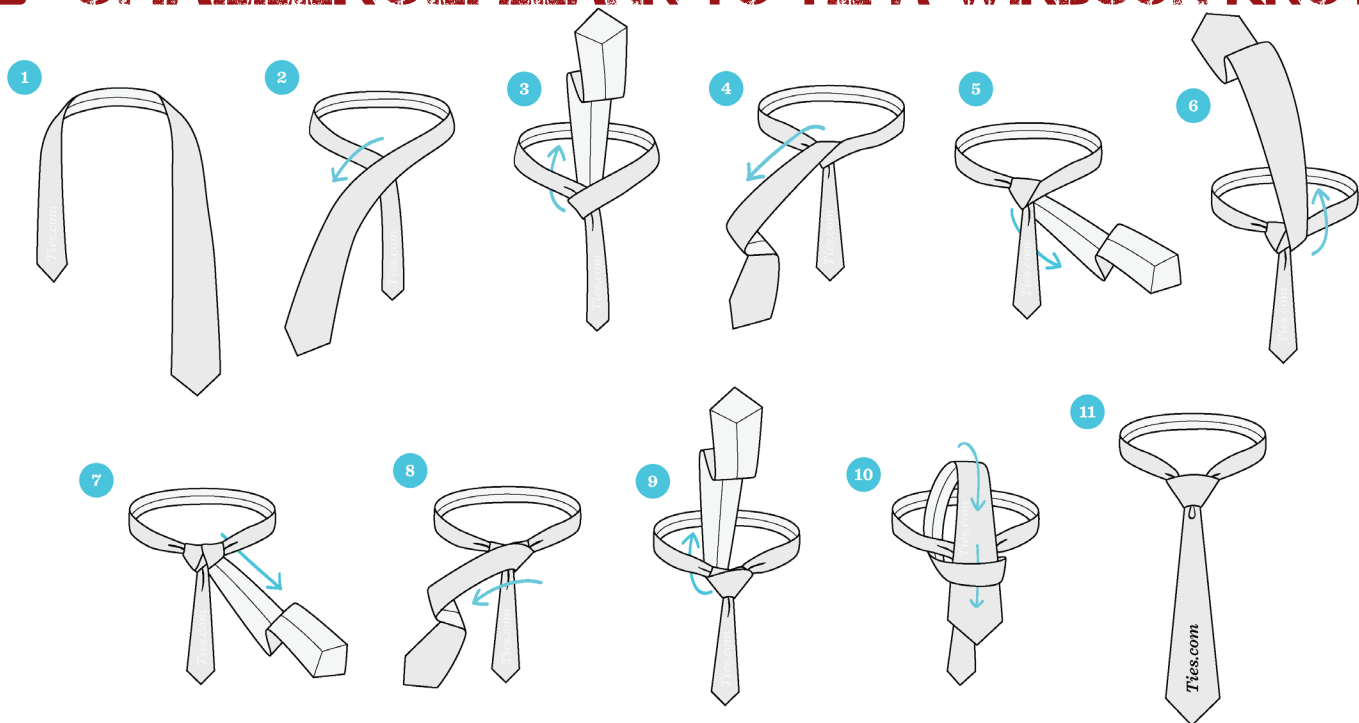
### Business Attire Examples:

- o Navy suit, white shirt, dark colored tie, dark brown shoes and belt

- o Charcoal suit, white shirt, navy tie, black or brown shoes and belt



## CHALLENGE: LEARN TO TIE A WINDSOR KNOT



**HINT: YOUTUBE IS FULL OF INSTRUCTIONAL VIDEOS TO TEACH YOU HOW TO TIE A TIE.**



### **Casual Attire Examples:**

- o Jeans, plain green T-Shirt, casual shoes
- o Cargo shorts, short-sleeve button-down shirt, sandals
- o Khaki shorts, striped polo, casual shoes

### **Casual Business Examples:**

- o Khakis, polo, black shoes and belt
- o Navy pants, patterned shirt, brown shoes and belt.

### **Business Attire Instructions**

- o Your tie should be tied with a Windsor, half-Windsor, or double-Windsor knot. (see diagram)
- o Your tie should be darker than your shirt, and should match your shirt in saturation. The patterns of the shirt and tie should not clash.
- o Do not wear a vest expecting that it is just as formal as wearing a coat. A vest does not take the place of a coat. If everyone else is wearing a coat and you just have a vest, you are underdressed.
- o You can wear a different color coat and pants, but if you do, your coat should be darker than your pants, and should match in material and saturation.
- o Do not button the bottom button of your coat, or the bottom button of your vest (if worn)
- o You should unbutton your coat when sitting down, but not your vest (if worn)
- o Do not wear a coat that is so small that you cannot button it

Remember, business attire is appropriate for:

Job interviews, meeting with an upper-level executive, weddings, if you are involved in the ceremony or reception, speaking or presenting in public, classical music performances, academic events or awards ceremonies, funerals (see above), formal church events (Easter, Christmas, etc.) and court appearances.

### **Best Dressed Examples:**

- o Spring: Navy suit, seafoam shirt, brown shoes and belt
- o Summer: Taupe suit, white shirt, blue tie, brown shoes and belt
- o Fall: Brown suit, yellow shirt, red tie, black shoes and belt
- o Winter: Charcoal suit, white shirt, navy tie, black shoes and belt.

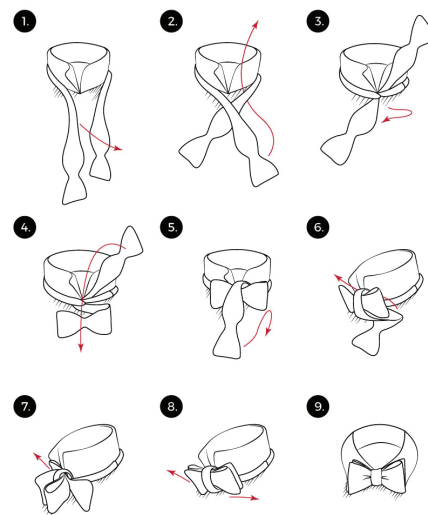
### **Black Tie**

- o If the invitation says, "Black Tie," you must wear a tuxedo.
- o If renting, make arrangements to rent your tuxedo at least a month in advance
- o If you own a tuxedo, ensure it is well-tailored about 2-3 weeks before the event
- o You must wear a waist covering, be it a vest or a cummerbund
- o You must wear suspenders with a tuxedo. They do not have belt loops.
- o Most tuxedo shirts have French cuffs, meaning you will need cufflinks.
- o Wear a real bow-tie, not a clip on. It takes less than 30 minutes to learn how to do it, and you will never forget.
- o Do not wear a wristwatch with a tuxedo.
- o Ensure your hair and nails are groomed especially well, and that your shoes are shined to a mirror finish.
- o A white pocket square is appropriate, but not required.

### **Correct Black Tie Template:**

- o Black shoes with mirror shine
- o Black Socks
- o Tuxedo pants with suspenders
- o Tuxedo shirt with cufflinks (or buttons, if your shirt has them)
- o Black bowtie (hence the name, black tie)
- o Vest or cummerbund
- o Tuxedo coat
- o Pocket watch

## **CHALLENGE:** **LEARN TO TIE A REAL BOW TIE**



### **Why not wear a watch with a tuxedo?**

Although many men do, traditional etiquette forbids it, because wearing a watch at a formal event suggests that you are watching the time (which is rude).

If you **MUST** wear one, do not look at it constantly through the evening.

This same rule (please refrain from watching your watch) would apply to any kind of occasion, really. If you're checking your watch while you're at church, at someone's house visiting, or having lunch with a friend, the message is the same: it looks as if you would rather be somewhere else and you're hoping it's time to leave.

Apply this rule to your phone, as well. Checking messages or texting while you're with someone else is just plain rude. When you're out somewhere, or with someone, **BE THERE**, not on your phone.

# RESOURCES

*By the time he was 16 years old, George Washington, the first President of the United States, had compiled and composed a list of DO's and DO NOT's, particularly for young men. Known as "Washington's Rules of Civility," the compilation has become the standard for good conduct for many generations. The language is kind of old fashioned, but the concepts are timeless. Some are even funny. You can just imagine young George getting in trouble for doing some of these things, as he tried to learn to act mature and respectable in company. Read, study, research, learn and try to apply as many of these as you can. We have provided some notes for you, to break them up into categories.<sup>6</sup>*

## TREAT EVERYONE WITH RESPECT

1st Every Action done in Company, ought to be with Some Sign of Respect, to those that are Present.

2nd When in Company, put not your Hands to any Part of the Body, not usually Discovered. Be considerate of others. Do not embarrass others. 3rd Show Nothing to your Friend that may affright him.

4th In the Presence of Others Sing not to yourself with a humming Noise, nor Drum with your Fingers or Feet.

5th If You Cough, Sneeze, Sigh, or Yawn, do it not Loud but Privately; and Speak not in your Yawning, but put Your handkerchief or Hand before your face and turn aside.

6th Sleep not when others Speak, Sit not when others stand, Speak not when you Should hold your Peace, walk not on when others Stop.

7th Put not off your Clothes in the presence of Others, nor go out your Chamber half Dressed.

8th At Play and at Fire it's Good manners to Give Place to the last Comer, and affect not to Speak Louder than Ordinary.

9th Spit not in the Fire, nor Stoop low before it neither Put your Hands into the Flames to warm them, nor Set your Feet upon the Fire especially if there be meat before it.

10th When you Sit down, Keep your Feet firm and Even, without putting one on the other or Crossing them.

11th Shift not yourself in the Sight of others nor Gnaw your nails.

12th Shake not the head, Feet, or Legs roll not the Eyes lift not one eyebrow higher than the other wry not the mouth, and bedew no mans face with your Spittle, by approaching too near him when you Speak.

13th Kill no Vermin as Fleas, lice ticks &c in the Sight of Others, if you See any filth or thick Spittle put your foot Dexterously upon it if it be upon the Cloths of your Companions, Put it off privately, and if it be upon your own Cloths return Thanks to him who puts it off.

14th Turn not your Back to others especially in Speaking, Jog not the Table or Desk on which Another reads or writes, lean not upon any one.

15th Keep your Nails clean and Short, also your Hands and Teeth Clean yet without Showing any great Concern for them.

16th Do not Puff up the Cheeks, Loll not out the tongue rub the Hands, or beard, thrust out the

lips, or bite them or keep the Lips too open or too Close.

17th Be no Flatterer, neither Play with any that delights not to be Play'd Withal.

18th Read no Letters, Books, or Papers in Company but when there is a Necessity for the doing of it you must ask leave: come not near the Books or Writings of Another so as to read them unless desired or give your opinion of them unasked also look not nigh when another is writing a Letter.

19th Let your Countenance be pleasant but in Serious Matters Somewhat grave.

20th The Gestures of the Body must be Suited to the discourse you are upon.

21st Reproach none for the Infirmities of Nature, nor Delight to Put them that have in mind thereof.

22nd Show not yourself glad at the Misfortune of another though he were your enemy.

23rd When you see a Crime punished, you may be inwardly Pleased; but always show Pity to the Suffering Offender. Don't draw attention to yourself.

24th Do not laugh too loud or too much at any Public Spectacle.

25th Superfluous Complements and all Affectation of Ceremony are to be avoided, yet where due they are not to be Neglected.

26th In Pulling off your Hat to Persons of Distinction, as Noblemen, Justices, Churchmen &c make a Reverence, bowing more or less according to the Custom of the Better Bred, and Quality of the Person. Amongst your equals expect not always that they Should begin with you first, but to Pull off





the Hat when there is no need is Affectation, in the Manner of Saluting and resaluting in words keep to the most usual Custom.

27th Tis ill manners to bid one more eminent than yourself be covered as well as not to do it to whom it's due Likewise he that makes too much haste to Put on his hat does not well, yet he ought to Put it on at the first, or at most the Second time of being asked; now what is herein Spoken, of Qualification in behavior in Saluting, ought also to be observed in taking of Place, and Sitting down for ceremonies without Bounds is troublesome.

28th If any one come to Speak to you while you are Sitting Stand up though he be your Inferior, and when you Present Seats let it be to every one according to his Degree.

29th When you meet with one of Greater Quality than yourself, Stop, and retire especially if it be at a Door or any Straight place to give way for him to Pass.

30th In walking the highest Place in most Countries Seems to be on the right hand therefore Place yourself on the left of him whom you desire to Honor: but if three walk together the middest Place is the most Honorable the

wall is usually given to the most worthy if two walk together.

31st If any one far Surpasses others, either in age, Estate, or Merit yet would give Place to a meaner than himself in his own lodging or elsewhere the one ought not to except it, So he on the other part should not use much earnestness nor offer it above once or twice.

32nd To one that is your equal, or not much inferior you are to give the chief Place in your Lodging and he to who 'is offered ought at the first to refuse it but at the Second to accept though not without acknowledging his own unworthiness.

33rd They that are in Dignity or in office have in all places Precedency but whilst they are Young they ought to respect those that are their equals in Birth or other Qualities, though they have no Public charge.

34th It is good Manners to prefer them to whom we Speak before ourselves especially if they be above us with whom in no Sort we ought to begin.

When you speak, be concise.

35th Let your Discourse with Men of Business be Short and Comprehensive.

36th Artificers & Persons of low Degree ought not to use many ceremonies to Lords, or Others of high Degree but Respect and highly Honor them, and those of high Degree ought to treat them with affability & Courtesy, without Arrogance.

37th In speaking to men of Quality do not lean nor Look them full in the Face, nor approach too near them at lest Keep a full Pace from them.

38th In visiting the Sick, do not Presently play the Physician if you be not Knowing therein.

39th In writing or Speaking, give to every Person his due Title According to his Degree & the

Custom of the Place.

Do not argue with your superior. Submit your ideas with humility.

40th Strive not with your Superiors in argument, but always Submit your Judgment to others with Modesty.

41st Undertake not to Teach your equal in the art himself Professes; it Savours of arrogance.

42nd Let thy ceremonies in Courtesy be proper to the Dignity of his place with whom thou converses for it is absurd to act the same with a Clown and a Prince.

43rd Do not express Joy before one sick or in pain for that contrary Passion will aggravate his Misery.

WHEN A PERSON DOES HIS BEST AND FAILS, DO NOT CRITICIZE HIM.

44th When a man does all he can though it Succeeds not well blame not him that did it.

When you must give advice or criticism, consider the timing, whether it should be given in public or private, the manner and above all be gentle.

45th Being to advise or reprehend any one, consider whether it ought to be in public or in Private; presently, or at Some other time in what terms to do it & in reproving Show no Sign of Choler but do it with all Sweetness and Mildness.

IF YOU ARE CORRECTED, TAKE IT WITHOUT ARGUMENT. IF YOU WERE WRONGLY JUDGED, CORRECT IT LATER.

46th Take all Admonitions thankfully in what Time or Place Soever given but afterwards not being culpable take a Time & Place convenient to let him know it that gave them.



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DO NOT MAKE FUN OF ANYTHING IMPORTANT TO OTHERS.

47th Mock not nor Jest at any thing of Importance break [n]o Jest that are Sharp Biting and if you Deliver any thing witty and Pleasant abstain from Laughing thereat yourself.

IF YOU CRITICIZE SOMEONE ELSE OF SOMETHING, MAKE SURE YOU ARE NOT GUILTY OF IT YOURSELF. ACTIONS SPEAK LOUDER THAN WORDS.

48th Wherein you reprove Another be unblameable yourself; for example is more prevalent than Precepts.

49th Use no Reproachful Language against any one neither Curse nor Revile.

Do not be quick to believe bad reports about others.

50th Be not hasty to believe flying Reports to the Disparagement of any.

51st Wear not your Cloths, foul, ripped or Dusty but See they be Brushed once every day at least and take heed that you approach not to any Uncleaness.

52nd In your Apparel be Modest and endeavor to accommodate Nature, rather than to procure Admiration keep to the Fashion of your equals Such as are Civil and orderly with respect to Times and Places.

53rd Run not in the Streets, neither go too slowly nor with Mouth open go not Shaking your Arms kick not the earth with R feet, go not upon the Toes, nor in a Dancing fashion.

54th Play not the Peacock, looking every where about you, to See if you be well Decked, if your Shoes fit well if your Stockings sit neatly, and Cloths handsomely.

55th Eat not in the Streets, nor in the House, out of Season.

ASSOCIATE WITH GOOD PEOPLE. IT IS BETTER TO BE ALONE THAN IN BAD COMPANY.

56th Associate yourself with Men of good Quality if you Esteem your own Reputation; for 'is better to be alone than in bad Company.

57th In walking up and Down in a House, only with One in Company if he be Greater than yourself, at the first give him the Right hand and Stop not till he does and be not the first that turns, and when you do turn let it be with your face towards him, if he be a Man of Great Quality, walk not with him Cheek by Jowl but Somewhat behind him; but yet in Such a Manner that he may easily Speak to you.

ALWAYS ALLOW REASON TO GOVERN YOUR ACTIONS.

58th Let your Conversation be without Malice or Envy, for 'is a Sign of a Tractable and Commendable Nature: And in all Causes of Passion admit Reason to Govern.

NEVER BREAK THE RULES IN FRONT OF PEOPLE YOU LEAD.

59th Never express anything unbecoming, nor Act against the Rules Moral before your inferiors.

SOME THINGS ARE BETTER KEPT SECRET, OR PRIVATE

60th Be not immodest in urging your Friends to Discover a Secret.

61st Utter not base and frivolous things amongst grave and Learned Men nor very Difficult Questions or Subjects, among the Ignorant or things hard to be believed, Stuff not your Discourse with Sentences amongst your Betters nor Equals.

62nd Speak not of doleful Things in a Time of Mirth or at the Table; Speak not of Melancholy

Things as Death and Wounds, and if others Mention them Change if you can the Discourse tell not your Dreams, but to your intimate Friend.

A PERSON SHOULD NOT OVERLY VALUE HIS OWN ACCOMPLISHMENTS.

63rd A Man ought not to value himself of his Achievements, or rare Qualities of wit; much less of his riches Virtue or Kindred.

64th Break not a Jest where none take pleasure in mirth Laugh not aloud, nor at all without Occasion, deride no mans Misfortune, though there Seem to be Some cause.

65th Speak not injurious Words neither in Jest nor Earnest Scoff at none although they give Occasion.

66th Be not froward but friendly and Courteous; the first to Salute hear and answer & be not Pensive when it's a time to Converse.

DO NOT DETRACT FROM OTHERS; DO NOT BE OVERBEARING IN GIVING ORDERS (DON'T BULLY)

67th Detract not from others neither be excessive in Commanding.

DON'T GO WHERE YOU ARE NOT WANTED OR INVITED; DO NOT GIVE ADVICE WHEN IT'S NOT ASKED.

68th Go not thither, where you know not, whether you Shall be Welcome or not. Give not Advice without being Asked & when desired do it briefly.





IF TWO PEOPLE DISAGREE, DO NOT TAKE ONE SIDE OR THE OTHER. BE FLEXIBLE IN YOUR OWN OPINIONS AND WHEN YOU DON'T CARE, TAKE THE MAJORITY OPINION.

69th If two contend together take not the part of either unconstrained; and be not obstinate in your own Opinion, in Things indifferent be of the Major Side.

DO NOT CORRECT OR CRITICIZE OTHERS WHEN IT IS NOT YOUR PLACE TO DO SO.

70th Reprehend not the imperfections of others for that belongs to Parents Masters and Superiors.

71st Gaze not on the marks or blemishes of Others and ask not how they came. What you may Speak in Secret to your Friend deliver not before others.

72nd Speak not in an unknown Tongue in Company but in your own Language and that as those of Quality do and not as the Vulgar; Sublime matters treat Seriously.

73rd Think before you Speak pronounce not imperfectly nor bring out your Words too hastily but orderly & distinctly.

74th When Another Speaks be attentive your Self and disturb not the Audience if any hesitate in his Words help him not nor Prompt him without desired, Interrupt him not, nor Answer him till his Speech be ended.

75th In the midst of Discourse ask not of what one treateth but if you Perceive any Stop because of your coming you may well entreat him gently to Proceed: If a Person of Quality comes in while your Conversing it's handsome to Repeat what was said before.

76th While you are talking, Point not with your Finger at him of Whom you Discourse nor Approach too near him to whom you talk especially to his face.

77th Treat with men at fit Times about Business & Whisper not in the Company of Others.

DON'T COMPARE YOURSELVES AMONG EACH OTHER.

78th Make no Comparisons and if any of the Company be Commended for any brave act of Virtue, commend not another for the Same.

DO NOT BE QUICK TO TALK ABOUT SOMETHING WHEN YOU DON'T HAVE ALL THE FACTS

79th Be not apt to relate News if you know not the truth thereof. In Discoursing of things you Have heard Name not your Author always A Secret Discover not.

80th Be not Tedious in Discourse or in reading unless you find the Company pleased therewith.

DO NOT BE CURIOUS ABOUT THE BUSINESS OF OTHERS.

81st Be not Curious to Know the Affairs of Others neither approach those that Speak in Private.

DO NOT START WHAT YOU CANNOT FINISH. KEEP YOUR PROMISES.

82nd Undertake not what you cannot Perform but be Careful to keep your Promise.

83rd When you deliver a matter do it without Passion & with Discretion, however mean the Person be you do it too.

84th When your Superiors talk to any Body hearken not neither Speak nor Laugh.

85th In Company of these of Higher Quality than yourself Speak not til you are asked a Question then Stand upright put of your Hat & Answer in few words.

86th In Disputes, be not So Desirous to Overcome as not to give Liberty to each one to deliver

his Opinion and Submit to the Judgment of the Major Part especially if they are Judges of the Dispute.

87th Let thy carriage be such as becomes a Man Grave Settled and attentive to that which is spoken. Contradict not at every turn what others Say.

88th Be not tedious in Discourse, make not many Digressions, nor repeat often the Same manner of Discourse.

DO NOT SPEAK BADLY ABOUT THOSE WHO ARE NOT PRESENT.

89th Speak not Evil of the absent for it is unjust.

TABLE MANNERS

90th Being Set at meat Scratch not neither Spit Cough or blow your Nose except there's a Necessity for it.

91st Make no Show of taking great Delight in your Victuals, Feed not with Greediness; cut your Bread with a Knife, lean not on the Table neither find fault with what you Eat.

92nd Take no Salt or cut Bread with your Knife Greasy.

93rd Entertaining any one at the table, it is decent to present him with meat; Undertake not to help others undesired by the Master.

94th If you Soak bread in the Sauce let it be no more than what you put in your Mouth at a time and blow not your broth at Table but Stay till Cools of it Self.

95th Put not your meat to your Mouth with your Knife in your hand neither Spit forth the Stones of any fruit Pie upon a Dish nor Cast anything under the table.

96th It's unbecoming to Stoop much to ones Meat Keep your Fingers clean & when foul wipe them on a Corner of your Table Napkin.

(continued on next page)

97th Put not another bit into your mouth till the former be swallowed. Let not your morsels be too big for the jowls.

98th Drink not nor talk with your mouth full; neither gaze about you while you are drinking.

99th Drink not too leisurely nor yet too hastily. Before and after drinking, wipe your lips; breath not then or ever with too great a noise, for its uncivil.

100th Cleanse not your teeth with the table cloth napkin, fork, or knife; but if others do it, let it be done without a peep to them.

101st Rinse not your mouth in the presence of others.

102nd It is out of use to call upon the company often to eat; nor need you drink to others every time

you drink.

103rd In the company of your betters, be not longer in eating than they are; lay not your arm but only your hand upon the table.

104th It belongs to the chiefest in company to unfold his napkin and fall to meat first, but he ought then to begin in time & to dispatch with dexterity that the slowest may have time allowed him.

105th Be not angry at the table whatever happens & if you have reason to be so, show it not; put on a cheerful countenance especially if there be strangers, for good humor makes one dish of meat a feast.

106th Set not yourself at the upper of the table; but if it be

your due or that the master of the house will have it so, contend not, least you should trouble the company.

107th If others talk at the table, be attentive but talk not with meat in your mouth.

#### RESPECT, AND BEING RESPECTABLE

108th When you speak of God or his attributes, let it be seriously & with reverence. Honor & obey your natural parents although they be poor.

109th Let your recreations be manful not sinful.

#### DO NOT ALLOW YOURSELF TO BECOME CYNICAL OR UNCARING.

110th Labor to keep alive in your breast that little spark of celestial fire called conscience.

# NEVER STOP LEARNING...



# BECAUSE LIFE NEVER STOPS TEACHING.

## LIMITLESS RESOURCES. ENDLESS POSSIBILITIES

With the internet at your fingertips, you really have no shortage of resources.

Begin by learning how to learn: Read, research, take notes, study.

Look beyond Wikipedia to the millions of free learning resources online make you stronger mentally, physically and spiritually.

Sharpen your academics on Khanacademy.com, a free tutorial resource for just about anything you're having trouble with in school. Look for lessons on iTunesU, another free app that gives you access to millions of lessons, even lectures from the greatest colleges.

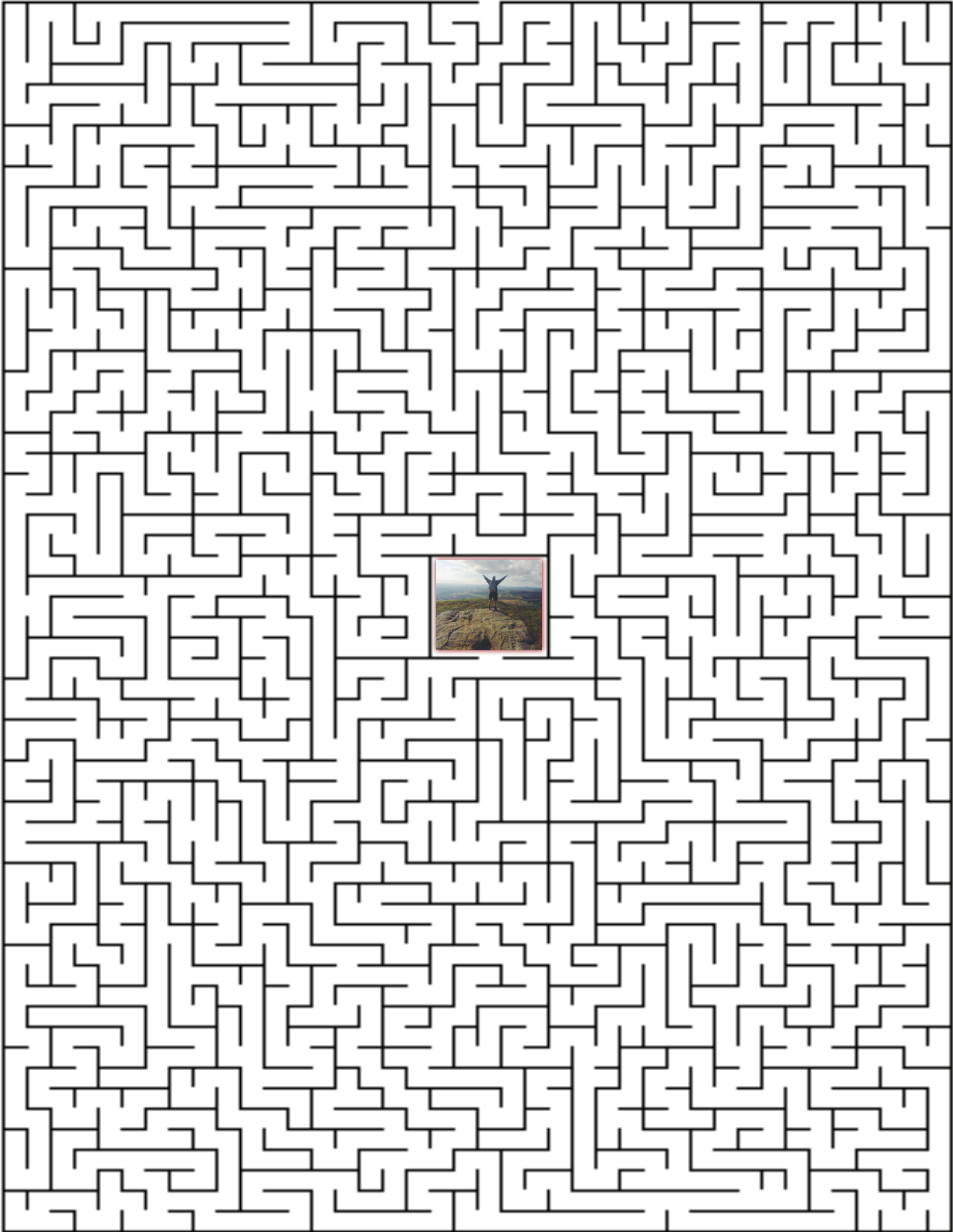
Step up your fitness goals with apps like Runkeeper or Couch to 5k, if you're just getting started.

Spiritually, you can take advantage of thousands of devotionals on the Bible App, spiritual growth tracks available through The Men & Ladies of Honor app, and literally hundreds of thousands of podcast sermons and lessons on every imaginable subject.

On Kindle and iBooks, many of the classic words of literature, history, science and philosophy are free to download. You can start building a reading list without even going to the bookstore!



STICK TO GOD'S PLAN...AND YOU WILL BE AMAZED!



# CERTIFICATE OF ACHIEVEMENT

FOR  
COMPLETION  
OF VOLUME 2  
CURRICULUM

**THE MEN OF HONOR**



\_\_\_\_\_  
NAME

\_\_\_\_\_  
LEADER SIGNATURE

\_\_\_\_\_  
DATE ACHIEVED

**CHARACTER | HONESTY | INTEGRITY | PERSEVERANCE**





I've been involved with The Men of Honor since the very beginning and I am nothing but grateful for the things that I have learned through the program.

What you are in the process of learning will shape your character forever. To this day, the Axioms still come to mind when I am in times of crisis. They always encourage me to

do the right thing because it's the right thing to do and also to remember that "manhood and Christ-likeness are synonymous".

Now you are pursuing something and trying to be someone that current culture might not necessarily agree with and because of that you might feel pressure. I have always felt this pressure in regards to friends, relationships, and important areas of my life.

I've seen friends give up the fight and walk away from this journey, but there are those choice few friends that stayed with me and chose to fight. We, by choosing to be different and do the right things, are stronger and closer to our goal of being the men we need to be.

Keep up the good fight, and always choose to be the man when there is no man.

**Daniel Rorie,**  
College Student, Singer/  
Musician, Youth Pastor, Honor  
Guard, and Man of Honor for life!

## CONGRATULATIONS ON COMPLETING MEN OF HONOR MAGAZINE 2!

Please verify that your tenet requirements are completed and transferred to Magazine 3 by your leader.

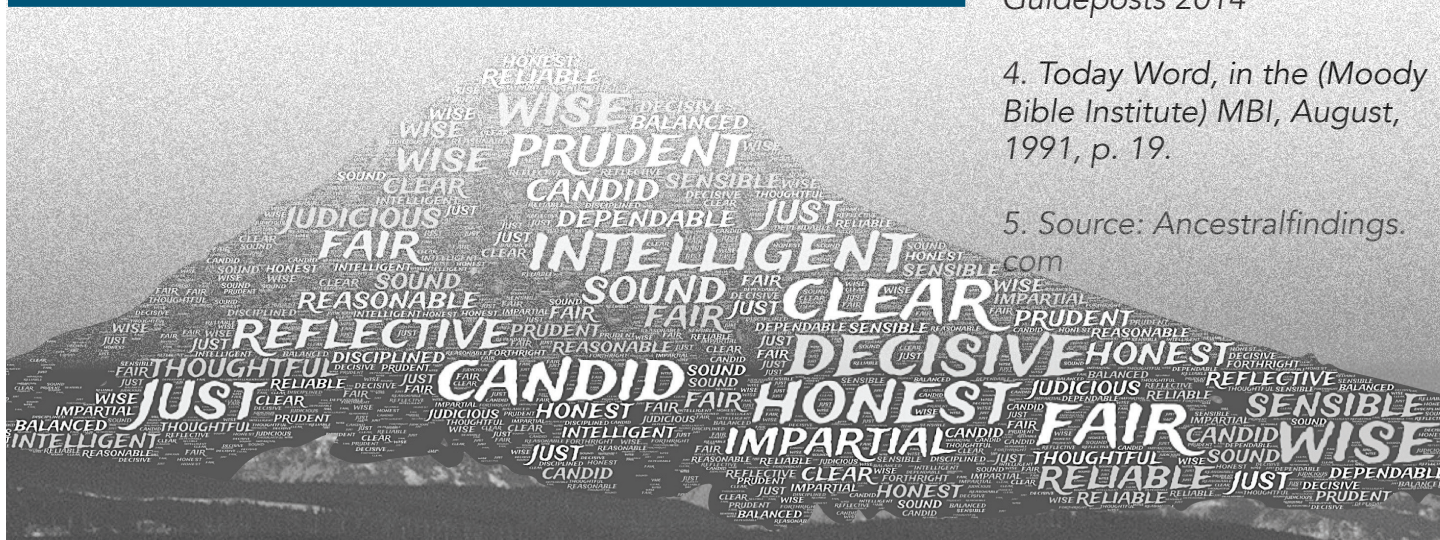
We are very pleased with your hard work and accomplishments! You are well on your way becoming part of the Honor Guard and being commissioned.

How do you keep going? Ask for the next magazine from your leader, and in the meantime, work hard to build strong habits every day.

Now, get out there and be a leader!

## REFERENCES

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# 2 W E L C O M E T O M A G A Z I N E

# THE MEN AND LADIES OF HONOR WORLD CHANGERS FOR CHRIST

*Welcome to Magazine 2 -- the second step on your journey to being a fully equipped Man of Honor!*

*You've mastered the basics, so are you ready to climb up to the next level?*

The Men & Ladies of Honor began in 2003 when our founder Tony Rorie, who was then working as a Principal of an "At-Risk" school in Dallas, Texas, noticed the great need for young men to be mentored in character, honor, and excellence.

Rather than kick the boys out of school, he decided to mentor and train them in the basics of Christ-like manhood. An amazing thing happened: the troublemakers became the leaders of the campus. The group of four boys quickly became fifty strong, and the school campus drastically changed.

Jesus is the answer to the problems of our society and when young people put God first, it changes everything.

When we began Men & Ladies of Honor, we never dreamed

that it would grow to become a global ministry with groups all over the U.S., plus 9 countries and growing!

Since its inception in 2003, The Men of Honor and Ladies of Honor program and its many dedicated volunteers have helped young champions just like you become world-changers for Christ.

Champions like:

Gage, who charted a course of putting God first and serving his country.

Daniel, who made a commitment to keep himself pure until his wedding day and is changing the world in his own community as a young youth pastor and worship leader.

World changers like beautiful Sarah, who loves God with all her heart and serves him in media, music and outreach

....and, finally, amazing girls like Rachel who made Jesus Lord of her life, overcoming many personal obstacles, and leading hundreds of other girls into a

relationship with Him before she went to be with Jesus at the age of 18.

Men of Honor and Ladies of Honor's mission is to develop world-changers for Christ by training & mentoring youth in principles of Chivalry, Honor, Moral Excellence and Courageous Leadership.

You are about to embark on a journey with God that will change your life forever and eventually change your world. Get ready to put God first and hold on tight!

**HEY, WORLD-CHANGERS!**

**READY FOR A SHOUT-OUT?**

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VOLUME 2 OF 3 - SUMMER 2017  
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